BOARD OF MANAGEMENT
FOR
ALCOHOL AND DRUG SERVICES

ANNUAL REPORT

APRIL 1, 1989 - MARCH 31, 1990

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CHAIRPERSON'S REMARKS

The 1989/90 fiscal year was very significant for the Board of Management for Alcohol and Drug Services and in particular for the field of alcohol and drug dependency in the North. As stated in the 1988/89 annual report, the Board's primary focus was to provide more treatment and rehabilitation services for northern residents. This is starting to be realized.

Throughout 1989/90, the Department of Social Services undertook a strategic planning exercise to define capital spending requirements, ongoing operational costs and project priorities relative to the development and delivery of alcohol and drug treatment services.

As a result of the Strategic Plan, approval was obtained for the construction of two (2) new treatment centres. These will be established in the communities of Hay River and Yellowknife. It is anticipated that these new treatment centres will not reduce the Government of the Northwest Territories' commitment to supporting alcohol and drug counselling services at the community level.

I want to assure you that the Board will continue to examine and respond to emerging issues in the field of alcohol and drug abuse, and to work towards its goal of sobriety for the North in a positive and consultive manner.

Once again this fiscal year, the Board had the difficult task of recommending funding for thirty eight (38) alcohol and drug projects. The requests for funding far outweighed the available fund of $5.0 million. In spite of the large disparity, the Board was successful in funding all the projects.

I believe that there is a heightened awareness of alcohol and other drug problems in the North. The need for greater sharing of ideas, resources and personal commitment will be more essential than ever before. In particular, the relationship between suicide and alcohol and drugs must be addressed. We must actively seek for ways to prevent suicide among those suffering from alcohol and drug abuse dependency.

Finally, I must stress that the Board is commited to increasing the health potential of all northern residents and will endeavour conscientiously to work towards this goal. I look forward to the challenges of the year ahead and extend my personal thanks to all the board members for their unfailing support and commitment over the past two years.

Nancy Peel
Chairperson

BOARD OF MANAGEMENT
FOR
ALCOHOL AND DRUG SERVICES
MEMBERSHIP
1989 - 1990

Name	Location
Chairperson	
Ms. Nancy Peel	Yellowknife
Members	
Ms. Helen Maksagak	Cambridge Bay
Chief Norman Yakeleya	Fort Norman
Mr. Jens Angaangak Lyberth	Iqaluit
Reverend Irvin Hohm	Norman Wells
Ms. Rosie Oolooyuk	Rankin Inlet
Dr. Ross Wheeler	Yellowknife

HISTORY AND DESCRIPTION

The Board of Management for Alcohol and Drug Services was appointed by the Minister of Social Services in December, 1987. The Board operates under the authority of the Legislative Assembly and reports directly to the Minister of Social Services.

The Board replaced the Alcohol and Drug Coordinating Council which was the regional advisory Board for the National Native Alcohol and Drug Abuse Program, and which together with territorial representation, administered the Federal and Territorial alcohol and drug programs prior to 1988.

Members of the Board are appointed from throughout the Territories with representation from Dene, Metis and Inuit organizations. Appointments are for terms of two to three years to ensure continuity, and at the same time to allow new members the opportunity to bring fresh ideas to the Board.

The Board meets four or five times each fiscal year to discuss ongoing issues, to develop and recommend new policies and legislation to the Territorial Government and to make recommendations on contribution funding.

MANDATE, GOAL AND OBJECTIVES

MANDATE

1. To increase alcohol and drug free lifestyles in a program of recovery throughout the Northwest Territories;

2. To serve as an Advisory Committee to the Minister of Social Services with responsibility for allocating grants under the Alcohol and Drug Contribution fund:

3. To advise the Minister of Social Services on the effectiveness of Territorial policies, programs and services and changes needed.

GOALS AND OBJECTIVES

Goal:

To increase alcohol and drug free lifestyles in a program of recovery throughout the Northwest Territories.

Objectives:

1. To increase access to and effectiveness of treatment programs;

2. To increase access to and effectiveness of intervention/follow-up program;

Key Result Areas:

1. Establish culturally appropriate treatment programs for Inuit;

2. Expand access to treatment facilities (insured and non-insured services);

3. Shift emphasis from northern treatment centres to spouse/family inclusion;

4. Pilot project to test effectiveness of Mobile treatment;

5. Shift orientation of community-based projects to intervention and follow-up (move away from prevention/education).

ACTIVITIES AND PROGRESS OF BOARD:

1. New treatment centres

Funding for the Stragtegic Plan was approved. This plan extensively examined the inequities in funding for Treatment centres and the access to treatment resources for different groups in the Territories. Consultations were held with community representatives and northern political organizations over the course of the Plan. Consultants held workshops with regional participants in fifteen (15) northern communities and over 300 individuals were involved in the consultative process.

As a result of the findings of the Strategic Plan, approval was obtained for a thirty (30) bed treatment centre in Hay River and a twenty (20) bed treatment centre in Yellowknife. The construction of a treatment facility for the Baffin (previously approved) remains the first priority of the Board.

2. Training for Alcohol and Drug Workers

The Board gave high priority to the training of alcohol and drug workers during the 1989/90 fiscal year. A training plan was devised to be administered by Divisional staff. Nechi Advanced training was provided to eighteen (18) workers bringing the total workers with advanced training to thirty-two (32). Twelve (12) workers attended the Nechi Basic training. This makes a total of seventy-two (72) graduates with Nechi Basic training in the Territories. These graduates are eligible to take the Nechi Advanced training in the fiscal year 1990/91.

Completion of the pilot-testing for the Northern Community Addictions Training program in Iqaluit and Fort Smith, through Arctic College, was successful. This program was developed from the Addictions Counselling Training Program, a standard program used throughout Canada. A consulting firm was contracted to redesign the curriculum to meet the needs of the North, and the program is now referred to as the Northern Community Addictions Training Program.

The pilot project was evaluated to measure the suitability of approach and content to Northern communities utlilzing reports feedback from the participants and trainers. Arctic College has been contracted to revise the package to accomodate these changes, and to focus more on providing specialized alcohol and drug abuse content. It is anticipated that not only will

the workers be able to receive a Certificate in Alcohol and Drugs counselling, but will also be able to pursue their career by acquiring a Diploma in Social and Human Services Programs through Arctic College.

" Training of trainers" was endorsed by the Board as part of its goal to provide northern residents with northern trainers. This is an ongoing project with three (3) selected participants completing the course in 1989/90.

Workshops on Addictions Trainer of Trainers and Community Prevention Trainer of Trainers sponsored by the National Drug Strategy, and offered in Winnipeg and Vancouver respectively were attended by six different participants from throughout the Territories.

3. **Funding Guidelines**

A set of Funding Guidelines and Application Forms were developed by the Board and approved by the Minister. The application forms were used by the community projects in 1989/90 for requesting funding. These forms also made it easier for the Board when reviewing applications and making recommendations on funding levels. The Guidelines and Application Forms will be revised and updated for 1990/91 fiscal year.

4. **Adequate and Equitable funding:**

The wage parity guidelines were updated to achieve equal levels of salary for all alcohol and drug workers. In spite of this requests for higher salaries and benefits continue to be an issue that is constantly being addressed by the Board.

The Board has endeavoured to make recommendations to maintain equitable funding within the limited contribution fund available to it.

5. Intercommunity Travel:

$40,000 was approved for inter-community travel. This travel will assist in the following:

- development of new community projects
- problem solving within communities
- increase networking between projects by the interchange of project staff
- serve as part of staff training
- for conducting regional meetings
- recruitment of new program staff if community resources are not adequate to meet stated requirements

6. Mobile Treatment:

Efforts to access funding to pilot project Mobile Treatment is still ongoing, and the Board hopes to identify one interested community to assume the responsibility for this pilot project in the 1990/91 fiscal year.

NATIONAL ADDICTIONS AWARENESS WEEK

National Addictions Awareness Week, November 19 through 25, provided an opportunity for communities to bring attention to alcohol and drug issues and focus on strategies for fostering lifestles free of substance abuse.

Territorial participation was coordinated through the Alcohol, Drugs and Community Mental Health Services Division, with help from the Regional alcohol and drug specialists in the regions.

A multitude of activities took place during the week with a special "kick-off" by two actors from the CBC drama DEGRASSI HIGH. This special event and other activities were attended by a delegation of youth from throughout the Territories.

Various activities took place in the communities with active participation by the alcohol and drug workers, other helping agencies, regional alcohol and drug specialists and in particular youth and youth groups. Some of these included:

- open house tea for community residents
- classroom presentations and drop-in activities at alcohol and drug counselling programs
- elders day with potluck suppers
- distribution of posters, buttons and pamphlets
- an ecumencial service to celebrate progress made to date in alcohol and drug abuse prevention
- walks and candlelight marches for sobriety
- drum dances and other cultural activities
- pancake breakfasts
- dry dances
- essay contests for young people on the impact of alcohol and drug abuse in the family

In the Yellowknife area, a schedule of activites was organized by alcohol and drug workers from Northern Addiction Services and the Tree of Peace, in conjunction with Departmental personnel in the Alcohol, Drugs and Community Mental Health Services Division. Luncheons, film presentations, youth and elders gatherings, a family dance, information booth, and a series of workshops were held throughout the Week and succeeded in focusing attention on alcohol and drug issues.

It is estimated that over 4,000 individuals took part in Addictions Awareness Week activities across the N.W.T. Consultation with coordinators in other jurisdictions indicated that the N.W.T. were not only among the best-attended in the country, but the most diverse and creative.

REGIONAL ALCOHOL AND DRUG SPECIALISTS

The regional alcohol and drug specialists act as professional resources to the community projects offering advice and assistance in the planning, administration, delivery, monitoring and evaluation of alcohol and drug services. This enables the specialists to have first hand knowledge of the progress, difficulties and needs of the program and the community.

The regional specialists are committed to providing advice and assistance to the projects in their region whenever requested to do so.

Close contact is also maintained with each other and with other helping agencies within the communities they serve, to provide a more coordinated approach to issues, problems and solutions as they arise.

Regional alcohol and drug specialists also have the opportunity to dicusss regional concerns with each other and with Divisional staff on Monday mornings of each week, through a teleconferencing system set up for this purpose. To enhance the communication and networking process the specialists met twice in 1989.

FUNDED PROJECTS

The types of projects funded fall into one of four (4) major categories:

RESIDENTIAL TREATMENT - Residential treatment includes detoxification, rehabilitation, recovery services, individual and group counselling, therapy, recreational activities and extended care. This type of project is the most costly;

NON-RESIDENTIAL COUNSELLING - Counselling for individuals or families who are experiencing problems related to alcohol and drugs is provided on an outpatient basis;

PREVENTIVE/EDUCATIONAL - Projects designed to provide communities, schools and agencies with information about alcohol and drugs so that individuals can become more aware leading to more responsible decision making about the use of alcohol and drugs;

SPEICAL INITIATIVES - Short term projects designed to enhance and complement existing alcohol and drug projects, by increasing awareness and knowledge of the ill effects of the abuse of alcohol and drugs. These initiatives also encourages sharing of experiences, developemnt of ideas to deal with specific problems and increases networking between communities.

PROJECTS RECOMMENDED AND APPROVED FOR FUNDING:

BAFFIN REGION

1. Project: Arctic Bay Alcohol Education Committee
   Sponsor: Hamlet of Arctic Bay
   Amount : $27,102

2. Project: Broughton Island Alcohol and Drug Program
   Sponsor: Broughton Island Alcohol and Drug Committee
   Amount : $69,953

3. Project: Clyde River Alcohol Education Program
   Sponsor: Hamlet of Clyde River
   Amount : $39,598

4. Project: Igloolik Alcohol and Drug Awareness Program
   Sponsor: Hamlet of Igloolik
   Amount : $66,020

5. Project: Kingait Aulatsivik
   Sponsor: Hamlet of Cape Dorset
   Amount : $102,284

6. Project: Lake Harbour Katiniit Committee
   Sponsor: Hamlet of Lake Harbour
   Amount : $42,209

7. Project: Pangnirtung Alcohol Education Committee
   Sponsor: Hamlet of Pangnirtung
   Amount : $42,053

8. Project: Pond Inlet Health & Social Services Committee
   Sponsor: Hamlet of Pond Inlet
   Amount : $90,991

9. Project: Tuvvik
   Sponsor: The Baffin Regional Council
   Amount : $373,174

FORT SIMPSON REGION

1. Project: Fort Liard Alcohol and Drug Abuse Program
   Sponsor: Fort Liard Band Council
   Amount : $83,471

2. Project: Fort Simpson Area Counselling
   Sponsor: Deh Cho Society
   Amount : $97,670

3. Project: Wrigley Addiction, Treatment and Aftercare
   Sponsor: Wrigley Dene Band
   Amount : $30,815

4. Project: Zhatie Koe Alcohol and Drug Program
   Sponsor: Fort Providence Band Council
   Amount : $100,604

FORT SMITH REGION

1. Project: Fort Resolution Alcohol and Drug Program
   Sponsor: Fort Resolution Community Development Society
   Amount : $114,073

2. Project: Fort Smith Alcohol and Drug Program
   Sponsor: Uncle Gabe's Friendship Centre
   Amount : $160,706

3. Project: Hay River Alcohol and Drug Abuse Program
   Sponsor: Hay River Alcohol and Drug Society
   Amount : $147,587

4. Project: Hay River Dene Band - Alcohol and Drug Abuse Program
   Sponsor: Hay River River Dene Band
   Amount : $88,835

INUVIK REGION

1. Project: Aklavik Alcohol Action Committee
   Sponsor: Aklavik Alcohol Action Committee
   Amount : $119,462

2. Project: Arctic Red River Alcohol and Drug Program
   Sponsor: Incorporated Settlement of Arctic Red River
   Amount : $32,552

3. Project: Fort Franklin Basic Awareness Program
   Sponsor: Fort Franklin Dene Band Council
   Amount : $91,424

4. Project: Fort Good Hope Alcohol and Drug Program
   Sponsor: Fort Good Hope Dene Community Council
   Amount : $90,312

5. Project: Fort Norman Child Development Centre
   Sponsor: Fort Norman Band
   Amount : $54,668

6. Project: Fort Norman Drop In Centre
   Sponsor: Fort Norman Band
   Amount : $92,412

7. Project: Knute Lang Camp Project
   Sponsor: Aklavik Alcohol Action Committee
   Amount : $302,777

8. Project: Peel River Alcohol Society
   Sponsor: Peel River Alcohol Society
   Amount : $143,638

Residential:

9. Project: Delta House
   Sponsor: Inuvik Alcohol Committee
   Amount : $420,038

KEEWATIN REGION

1. Project: Akiuqtit
   Sponsor: Akiuqtit Baker Lake Alcohol and Drug Society
   Amount : $71,230 (1/4/89 - 31/12/89)

2. Project: Baker Lake Alcohol and Drug Program
   Sponsor: Hamlet of Baker Lake
   Amount : $23,538 (1/1/90 - 31/3/91)

3. Project: Rankin Inlet Addictions Project
   Sponsor: Hamlet of Rankin Inlet
   Amount : $45,109

4. Project: Sapuniaqtit
   Sponsor: Arviat Hamlet Council
   Amount : $77,305

KITIKMEOT REGION

1. Project: Coppermine Alcohol Awareness Centre
   Sponsor: Hamlet of Coppermine
   Amount : $83,194

2. Project: Holman Alcohol and Drug Program
   Sponsor: Hamlet of Holman
   Amount : $33,754

3. Project: Katimavik Centre
   Sponsor: Katimavik Society, Cambridge Bay
   Amount : $221,482

4. Project: Spence Bay Alcohol and Drug Education Project
   Sponsor: Municipality of Spence Bay
   Amount : $38,608

RAE EDZO REGION

2. Project: Rae Edzo Counselling Services
   Sponsor: Rae Edzo Friendship Centre
   Amount : $139,463

YELLOWKNIFE REGION

1. Project: Lutsel K'e Alcohol and Drug Program
   Sponsor: Lutsel K'e Dene Band Council
   Amount : $89,493

2. Project: Tree of Peace Alcohol and Drug Program
   Sponsor: The Tree of Peace Friendship Centre
   Amount : $112,894

Residential:

3. Project: Northern Addiction Services Rehabilitation Program
   Sponsor: Northern Addiction Services
   Amount : $462,776

Special Initiatives

1. Project: Bennet Field Gathering
   Sponsor: Fort Norman Drop In Centre
   Amount : $5,000

2. Project: Fort Franklin Community Development Workshop
   Sponsor: Fort Franklin Dene Band
   Amount : $2,550

3. Project: Peel River Alcohol Society Aftercare Workshop
   Sponsor: Peel River Alcohol Society
   Amount : $4,500

4. Project: Peel River - Midway Lake Workshop
   Sponsor: Peel River Alcohol Society
   Amount : $15,000

5. Project: Fort Smith Grieving Workshop
   Sponsor: Uncle Gabe's Friendship Centre
   Amount : $750.00

6. Project: Hay River Dene Band Band - Mobile Treatment
   Sponsor: Hay River Dene Band
   Amount : $16,402

7. Project: Group Facilitation Skill Development Workshop
   Sponsor: Northern Addiction Services
   Amount : $1,256

Capital Funding

1. Project: Peel River/Renovation
   Sponsor: Peel River Alcohol Society
   Amount : $14,683

PROCESS OF APPLICATIONS

The funding guidelines and application forms are sent out in the fall of each year to the Regional Superintendents to be forwarded to all the alcohol and drug projects in their region.

Projects requiring assistance with putting together a proposal can obtain help from the Regional Alcohol and Drug Specialists.

The completed applications are returned to the Regional Superintendents, coordinated by the Regional Specialists and forwarded to Alcohol, Drugs and Community Mental Health Services Division for presentation to the Board of Management for Alcohol and Drug Services, at its scheduled meeting for reviewing applications.

The Board reviews and make recommendations on funding levels to the Minister of Social Services who makes the final decision on the approved funding.

Following approval, contribution agreements are prepared between the sponsors of each project and the Government of the N.W.T. The projects are then monitored by the Regional Alcohol and Drug Specialists in cooperation with Headquarters Divisional staff while the activities are being carried out.